Safety information

Please read the safety instructions carefully before using the product for the first time and keep the instructions for future reference.

- This product is not a toy. Keep it out of reach of children.
- Warning: This product includes lithium polymer battery.
- Keep product out of the reach of children and pets to avoid chewing and swallowing.
- Product operating and storage temperature is from 0 degree Celsius to 40 degree Celsius. Under and over this temperature might affect the function.
- Never open the product. Repairs or service should only be performed by qualified personnel.
- Please remove the Smart watch in case of any leakage or excessive heat from the product to avoid burns or rash.
- Only charge with the supplied USB cable.
- Using other accessories than the ones delivered with the product can cause abnormal functionality.
- Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum

communication distance may vary depending on the presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.

- Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices.

Getting Started

Caution: Please make sure to fully charge the watch before using for the first time. Please read this manual carefully before using the product. It contains important information for your safety as well as use and maintenance advice. Keep this user guide for future reference.

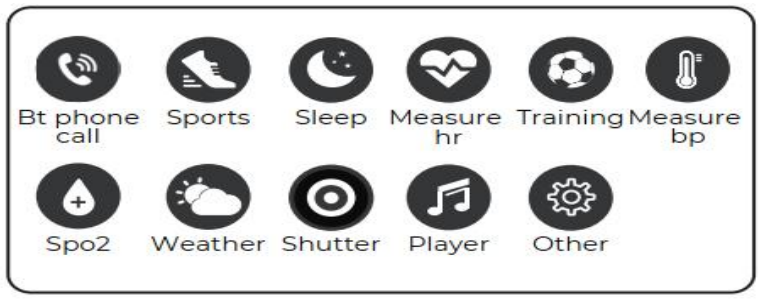
Caution: The device may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies for some users. If you notice any signs of skin redness, swelling, itchiness or other skin irritation, please discontinue using the product. Continued use, even after symptoms subside, may result in renewed or increased irritation. If symptoms persist, consult your doctor. Do not open the enclosure or disassemble the product.

Blood Oxygen Notice

Caution! Only a medical practitioner is qualified to interpret your blood oxygen measurements. The use of this smart watch should not replace regular medical examinations.

Blood oxygen can be subject to wide fluctuations in a short period of time. Its level depends on many factors. Different medicines, alcohol and smoking can exert a large influence on the level of blood oxygen. Do not smoke, drink caffeinated beverages or exercise within 30 minutes before measuring your blood oxygen.

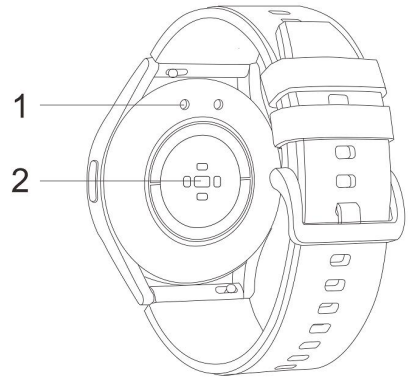
Features



Intended Use

This smart watch is intended for monitoring fitness-related metrics such as heart rate, blood pressure, distance walked or run, calorie consumption and quality of sleep. Data measured should not be used for any medical, ambulatory, or dietary reference.

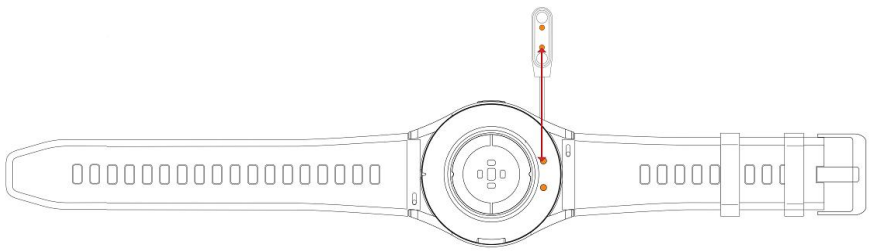
Product Overview



1. Charging interface 2. Heart-rate monitor

Charging your smartwatch

To charge the smartwatch, connect the charging clip o fthe USB cable to the charging interface on the back of the smartwatch. If successfully connected, the charging icon appears on the screen.



Power on

Press and hold the side button for 3 seconds to power on, or plug in the magnetic charging cable to charge the smart watch.

Download and connect with smart watch App

1. Download and install Da Fit App.

Scan the QR code with your phone to download the App.

iOS system: search and download “Da Fit” from App Store.

Android system: search and download “Da Fit” from Google Play.

Da Fit

Note: your mobile phone must support Android 4.4 or iOS 8.0 or above, and Bluetooth 4.0 or above.

2. Connect smart watch to App.

Open the app and set up your profile.

Go to [Device], and then click [Add device] to find the smart watch. Choose your device on the list. You will see the model’s name SWC-372 in the App after successfully bound.

Operation

Swipe from top to bottom for settings and bottom to top for notifications. Swipe right for features and swipe

left for quick features. Use side button to go back to face watch. Select face watch by holding the face watch and then choose the desired one. More face watches can be added from the App.

Bluetooth phone call

For Bluetooth calls, the watch uses the Bluetooth function for pairing and connecting with the Bluetooth mobile phone. When the mobile is paired, you can make and receive phone calls from the watch. At incoming calls, the Bluetooth watch will vibrate and display number.

Bluetooth call connection

Android phone:

1. After the App successfully connects to the watch's Bluetooth, your phone will automatically show a "pairing" request, click "Allow".
2. iOS phone or some mobile phones which does not show "pairing" request: go to Settings > Bluetooth, search for the device SWC-372 and pair with it. After the devices are connected successfully, you can make and answer calls from your watch.

Remove Bluetooth call connection

Android phone: The device can be disconnected from your mobile phone by simply clicking on “Remove

device”.
iOS phone: Go to Settings > Bluetooth, select SWC-372, tap the More Info icon, then click “Forget this Device”.
Your watch and mobile phone are now disconnected.

Remove the device
For Android phones, the device can be disconnected from your mobile phone by simply clicking “Remove device".
For iOS phones, after binding removal from the App, go to Settings > Bluetooth, then click “Forget this Device”

Warning!
-Lithium battery inside!
-Do not try to open the product!
-Do not expose to heat, water, moisture or direct sunlight!
-Only charge with the original charger supplied with this product!

Please notice - All products are subject to change without any notice. We take reservations for errors and omissions in the manual.

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Electric and electronic equipment and included batteries contains materials, components and substances that can be hazardous to your health and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

Electric and electronic equipment and batteries is marked with the crossed out trash can symbol, seen above. This symbol signifies that electric and electronic equipment and batteries should not be disposed of with other household waste, but should be disposed of separately.

As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will not

harm the environment.

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of charge at recycling stations and other collection sites, or be collected from the households. Additional information is available at the technical department of your city.

Hereby, Denver A/S declares that the radio equipment type SWC-372 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: denver.eu and then click the search ICON on topline of website. Write model number: SWC-372. Now enter product page, and RED directive is found under downloads/other downloads.
Operating Frequency Range:2402MHZ-2408MHZ
Max Output Power:4.2W

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